

Male Fertility Test

Self-test • SP-10 male fertility rapid test • cassette • semen

ENGLISH

[INTENDED USE]

The Male Fertility Test (SP-10 male fertility rapid test cassette) is a rapid chromatographic immunoassay for *in vitro* qualitative detection of acrosomal protein SP-10 found on sperms to estimate of sperm concentration in human semen above or below 15 million / mL. Sperm concentration can be used for assistant diagnosis and curative effect observation of male infertility, and provide guidance for reproductive planning of the eligible couples.

[SUMMARY]

Sperm concentration is one of the primary factors used by physicians to diagnose male infertility. There are many reasons why a man may be infertile and therefore unable to fertilise the female ovum during reproduction. One primary and most common reason is an abnormally low production of viable sperm cells. Other reasons can be over production of inactive, weak, or deformed sperm cells, high levels of other cells in the semen that interfere with fertilisation, or other physiological factors. Medical or physical conditions may also interfere with normal sperm cell production, including high stress, recent high fever or illness experienced within two months prior to testing, and abrupt changes in diet. Taking this initial screening test will indicate if a low amount of sperm production exists.

Up to 15% of couples experience infertility, which is defined as the failure to become pregnant after one year of unprotected, well-timed intercourse. And, in 40% of couples struggling with infertility issues, male infertility is the primary cause. Because low sperm count is a leading cause of male infertility, an important first step in determining the cause of infertility is to test the sperm count.

The Male Fertility Test (SP-10 male fertility rapid test cassette) detects acrosomal protein – SP-10 found on sperms. Since, SP-10 is a protein specific to male germ cells and cannot be found in other cells. This test is very specific for sperms and is now being used for estimating sperm concentration in semen as an aid in determining causes of infertility. The Male Fertility Test (SP-10 male fertility rapid test cassette) gives a positive result, when sperm concentration is above 15 million/ml in semen – a level internationally accepted as the minimum level of sperms for normal fertility. A low sperm concentration would indicate less likelihood of conception. It would be advisable to see your medical professional who can advise what can be done to improve the sperm concentration.

[PRECAUTIONS]

Please read all the information in this package insert before performing the test.

- For self-testing *in vitro* diagnostic use only.
- This kit can only be used as an *in vitro* diagnostic test using human semen as a specimen and cannot be used with specimens of other body fluids.
- The sample should be collected within 3-7 days after the last ejaculation, the semen obtained less than 3 days or more than 7 days will affect the accuracy.
- The collection containers should be clean, dry, waterproof and free of media, preservatives and detergents.
- Semen liquefaction is a process in which semen rapidly changes from jelly-like appearance to liquefied state. Fresh samples collected are generally liquefied within 60 minutes, and if they do not liquefy within 60 minutes it means an abnormal result.
- The kit should be stored at room temperature, avoiding areas of excess moisture. If the foil packaging is damaged or has been opened, please do not use.
- Once the test cassette's package is opened, it should be used as soon as possible, to avoid being exposed to the air for long periods, which could result in the test not working correctly.
- This test kit is intended to be used as a preliminary test only and repeatedly abnormal results should be discussed with doctor or medical professional.
- "Time" instructions must be followed correctly, when carrying out the test and observing the results.
- The kit must not be frozen or used after the expiry date printed on the outer foil.

[STORAGE AND STABILITY]

Store as packaged in the sealed pouch either at room temperature or refrigerated (2-30°C). The test is stable through the expiration date printed on the sealed pouch. The test must remain in the sealed pouch until use. DO NOT FREEZE. Do not use after the expiration date.

[MATERIALS PROVIDED]

- Test cassette
- Collection cup
- Package insert
- Workstation
- Semen transfer device
- Sample dilution buffer

[MATERIALS NOT PROVIDED]

- Timer

[SPECIMEN COLLECTION AND PREPARATION]

1. Before testing, it is important that subject refrains from any sexual activity for 3-7 days. This ensures that the volume and quality of sperm is at its peak and the test will then be an accurate determination of sperm concentration.
2. Using masturbation, the semen should be collected directly into the sperm collection cup.
3. Care should be taken that collected semen is not contaminated by touch of hands or tissues or any other materials.
4. Shake the semen evenly in the semen collection cup and leave it to stand for 1 hour at room temperature until the semen liquefies. Do not use semen after liquefaction stored for more than 12 hours.

[PROCEDURE]

Before testing, read the instructions completely carefully and completely

1. Remove the test cassette from the foil pouch and lay it horizontally on a flat surface.
2. A semen sample is collected in the liquefaction cup provided.
3. The sample should then be allowed to stand for 60 minutes, until the semen is fully liquefied.
4. Using the semen transfer device provided, fill the Semen transfer device up to 0.1ml indicated on the device with the semen sample. The semen sample is then added to the vial of sample dilution buffer provided.
5. Mix the semen sample and test solution by turning the vial upside down 5-10 times.
6. Hold the diluted specimen buffer tube upright and open the cap onto the specimen collection tube. Invert the specimen collection tube and transfer 2 full drops of the diluted specimen (approximately 80 µL) to the specimen well (S) of the test cassette, then start the timer. Avoid trapping air bubbles in the specimen well (S). See illustration below.
7. Read results at 5 minutes after dispensing the specimen. Do not read results after 10minutes.

[READING THE RESULTS]

(Please refer to the illustration below)

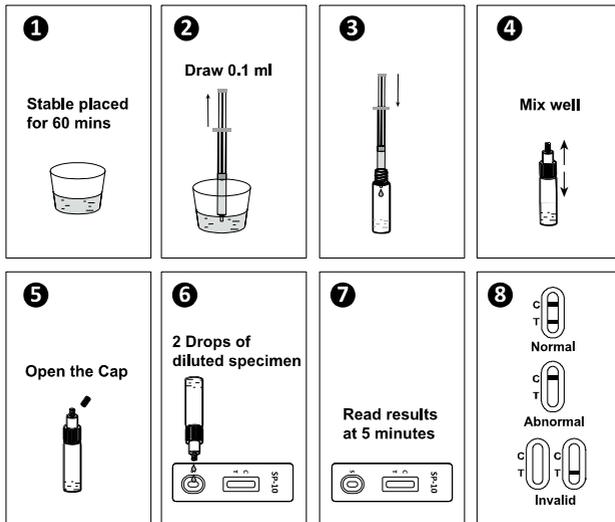
NORMAL: Two coloured lines appear. One coloured line should be in the control line region (C) and another apparent coloured line should be in the test line region (T).

***NOTE:** The intensity of the colour in the test line region (T) will vary depending on the concentration of SP-10 protein present in the specimen. Therefore, any shade of colour in the test line region (T) should be considered normal.

ABNORMAL: One coloured line appears in the control line region (C). No line appears in the test line region (T).

INVALID: Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure.

Review the procedure and repeat the test with a new test. If the problem persists, discontinue using the test kit immediately and contact your local distributor.
Note: If for any reason, the results are considered to be doubtful or inaccurate, the test should be repeated with another test unit. However, the subject must not ejaculate through any sexual activity for 6 days before carrying out the second test. If the second test is still abnormal, the results should be discussed with a doctor or medical professional.



[LIMITATIONS]

1. For *in vitro* qualitative estimation of sperm concentration in human semen.
2. Sperm concentration is just one of the important tests for fertility. But other tests of semen like motility and morphology as well as ovulation in females are also important. For the cases of infertility, it is recommended that other tests are also taken into consideration.
3. It is recommended to use fresh samples. Any lubricants or lotions collected, and semen obtained from condoms will affect test results.

[EXTRA INFORMATION]

1. How does the Male Fertility Test (SP-10 male fertility rapid test cassette) work?

Since, SP-10 is a protein specific to male germ cells and cannot be found in other cells. This test is very specific for sperms and is now being used for estimating sperm concentration in semen as an aid in determining causes of infertility. The Male Fertility Test (SP-10 male fertility rapid test cassette) detects SP-10 gives a positive result, when sperm concentration is above 15 million/ml in semen – a level internationally accepted as the minimum level of sperms for normal fertility.

2. When should the test be used?

It can be used for assistant diagnosis and curative effect observation of male infertility, and provide guidance for reproductive planning of the eligible couples.

3. Can the abnormal results show that the subject has no ability to have children?

Sperm concentration is one of several semen analysis tests. There are other factors that should be considered, including motility. Therefore, it is strongly recommended that you seek expert medical advice if you get an abnormal result.

4. What is the reason that may result in wrong test results?

Any mistake at any point of time from sample collection to test timing to non-compliance to abstinence may result in erroneous test results.

[BIBLIOGRAPHY]

1. Jianhua Yang, Modern male infertility diagnosis and treatment of Shanghai: Shanghai science and Technology Literature Press, 2007
2. Cheng liangXiong, human sperm Science Wuhan: Hubei science and Technology Press, 2002.

Index of Symbols

	Manufacturer		Tests per kit		Authorised Representative
	For <i>in vitro</i> diagnostic use only		Use by		Do not reuse
	Store between 2-30°C		Lot Number		Catalogue #
	Do not use if package is damaged		Consult Instructions for Use		